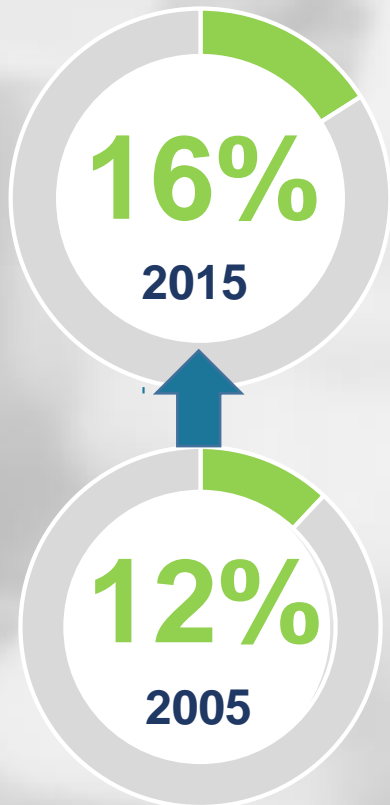


More people are using complementary and alternative medicine (CAM) in England, but access is unequal

Results of a national survey of practitioner-led CAM use published in BJGP Open, 14 November 2018

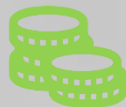
CAM use is rising



More women
than men used
CAM



More rich
than poor
used CAM



67%

paid for
themselves

(or had friends and family pay)



70%
self-referred

17%
referred by GP

Reasons for use

Mental health
12%

Neck, shoulder or knee pain
22%

Back pain
38%

From Ipsos MORI survey of a representative sample of 4,862 people, 766 of whom had seen a CAM practitioner (e.g. acupuncture, massage, osteopathy, chiropractic) in the last 12 months (2015).

Read the full article online:
'Complementary medicine use, views and experiences – a national survey in England'. Sharp D. et al.
ow.ly/ICPt30my5ik